

Hummus roasted chickpeas, flatbread (VG)	£6.50	Honey mustard sticky sausages	£6.50
Buffalo fried chicken celery, blue cheese mayonnaise	£8.50	Crispy fried squid spring onion, chilli, lime aioli	£9.00
Baked camembert onion marmalade, cornichons, toast (V)	£13.50	Tortilla chips smashed avocado, pico de gallo (VG)	£7.50
Charcuterie board San Daniele ham, Salami Napoli, spicy chorizo, pickle, cornichons, toast	£14.50	Grilled tiger prawns chilli, garlic, lemon, parsley, toast	£13.00

SANDWICHES

Sterling club , grilled chicken, smoked bacon, avocado, tomato, lettuce, onion, ranch dressing	£13.00
Avocado & halloumi wrap , wood roasted peppers, basil, garlic mayo	£10.00
Fish finger , crumbed Cornish cod fingers, lettuce, tartare sauce	£11.00
Flat iron steak sandwich , caramelised onion, blue cheese mayo	£12.50

BOWLS

All bowls can be made GIF & VG upon request

Add Grilled chicken £5.50 | Grilled halloumi £4.50 | Hot smoked salmon £6.00 | Flat iron steak £9.50

Grain bowl quinoa, black beans, puffed chickpeas, shaved carrot, kale, edamame, dill, spinach, pickled red onion, tahini yoghurt dressing (VG)	£10.00
Ranch bowl smoked bacon, cos lettuce, tomato, boiled egg, avocado, spinach, croutons, ranch dressing	£10.50

MAINS

Chicken Milanese rocket & parmesan salad, lemon, fries, garlic mayonnaise	£16.50
230g dry aged ribeye steak pepper sauce, watercress, fries	£29.00
Classic burger melted cheese, pickles, tomato, onion, burger sauce, fries <i>(add bacon £2) (make it vegan!)</i>	£16.00
Fisherman's basket tempura prawns, monkfish scampi, cod goujons, tartare sauce, green salad, fries	£19.50
Cornish lobster roll old bay seasoning, celery cress, garlic butter, fries	£25.50
Grilled seabass King prawn & coconut broth, ginger, lime, chilli, coriander, baby spinach & broccoli	£22.50
Cauliflower 'bolognese' pappardelle, basil, parmesan (VG on request)	£12.50
12hr pulled beef shoulder mac & cheese , brioche & parsley crumb	£16.50

SIDES

Rosemary salt fries (VG)	£5.00	Onion rings, curry salt, aioli (V)	£5.00
Sweet potato fries (VG)	£6.50	Green leaf salad (VG)	£5.00
Broccoli, chilli, garlic (VG)	£5.00	Truffle & parmesan fries	£7.00

— THE —
STERLING
—